

NATIONAL STUDY OF CARE HOME RESIDENTS' AND RELATIVES' EXPECTATIONS AND EXPERIENCES 2008

INFORMATION SHEET FOR GAINING INFORMED CONSENT FROM RESIDENTS

Dear new resident,

We would like you to take part in a survey about moving into a nursing home or a care home for the first time. Please could you read through the points below, and let the staff at the home know if you are willing to take part?

- You are being asked to take part in an important study about people's experiences of moving into, and living in, care homes. The study is being carried out in care homes all over the country by a research agency called the British Market Research Bureau, on behalf of the University of Kent and the Department of Health.
- There will be two parts to the study, so this means two interviews for you to take part in – each around 30 minutes long.
 - An interviewer will arrange to visit you in the next few weeks to ask you how you feel about moving into the home and also what you are expecting life to be like living in the home.
 - The interviewer will arrange to visit you again 3 months later, to look at how you have settled into the home and to see how the experience of living in the home compares to what you were expecting
- Some of the things that the interviewer may ask you about are:
 - Your living arrangements before you moved into this home
 - How you came to the decision to move into this home
 - What you expect this home to provide for you whilst you live here
 - Whether you have any physical disabilities that may mean you need extra care while living here

- The interviewer who visits you will be highly trained, professional and very friendly.
- If you would like to take part in the interview but would like a friend or family member, or a care home staff member to be present with you then that can be arranged for you as well.
- The interview can take place in your room, or somewhere else private within the home
- If you would to be interviewed by a female interviewer, or would like the interview to be in a language other than English, then that can also be arranged.
- Everything you talk about in the interview will be kept completely confidential and nobody at the home will be able to know what answers you have given to the interview questions. It will just be between you and the interviewer.
- If you would like to take part in this important study staff at the home will pass on your details to BMRB. The home will not pass your details on, unless you are happy for them to do so.
- Finally, if you do agree now that you would like to take part, you can change your mind at a later date – there is no pressure for you to take part in the study if you do not feel like you want to